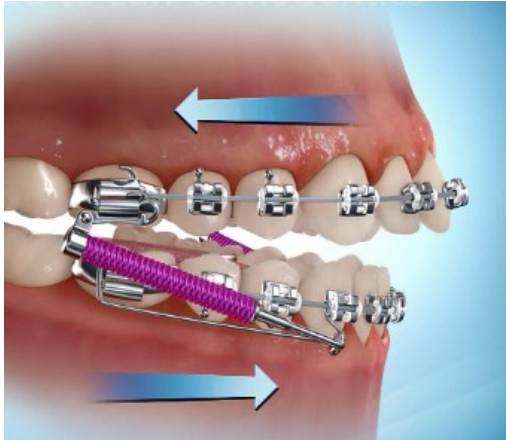


FORSUS APPLIANCE



What does it look like?

The Forsus spring is one of the most discreet appliances for reducing excessive overjet. Unlike headgear, it is fully contained inside your mouth. The spring connects your upper and lower teeth and creates the movement we're looking for to correct your bite.

What does the Forsus do?

The Forsus appliance provides continuous, gentle pressure to correct your bite when you have excessive overjet (your upper front teeth are ahead of your lower front teeth). The appliance provides a force to move your lower teeth forward and your upper teeth backward getting them to line up nicely.

How will it feel?

As with any appliance that is placed in your mouth, there will be an adjustment period. You might feel like you're talking a bit funny at first and you may produce a little more saliva than normal, but with practice, the appliance should not interfere with any of your normal activities like opening, closing, eating or speaking.

Troubleshooting:

Discomfort: Until your mouth adjusts, you may experience discomfort on your cheeks and gums. With time everything will toughen up, and most discomfort will disappear in a few days. You can place wax over any sharp or pokey parts of the appliance. You may find it helpful to use over-the-counter pain medications to ease any pain (be sure to follow the dosing directions on the bottle).

Brushing: An extra effort is required to remove food and plaque with the Forsus spring. Brush and floss thoroughly, and make sure to focus down near your gums as this area is commonly missed.

Breakage: Occasionally, a part of the Forsus may come loose or break. Avoid very hard, tough, or chewy foods, which can damage the spring and result in discomfort and emergency visits. Please contact us promptly if you cannot function normally or there is pain; otherwise, you can wait until the next day or after the weekend.

Dental Cleanings: Once the appliance is inserted, it will stay in your mouth for six months on average. Because it is time consuming and difficult to take the appliance in and out, please plan ahead to have your dental cleanings done before and after we put it in.

*Whenever something new is placed in the mouth, it takes time to adjust.
Please be patient – you will become accustomed to the appliance surprisingly soon.*



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